

The retirement landscape: financial markets

For most of us, the retirement landscape looks a lot different than the one our grandparents expected. We're faced with new risks and new realities.



Market volatility

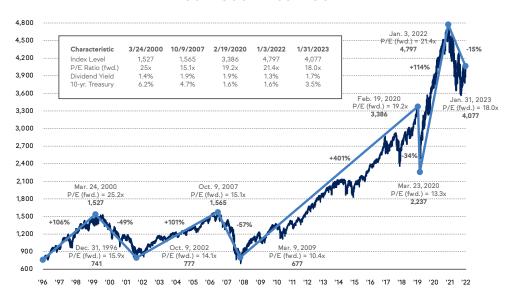
We're part of a growing global investment marketplace that seems wildly unpredictable.



Low rates

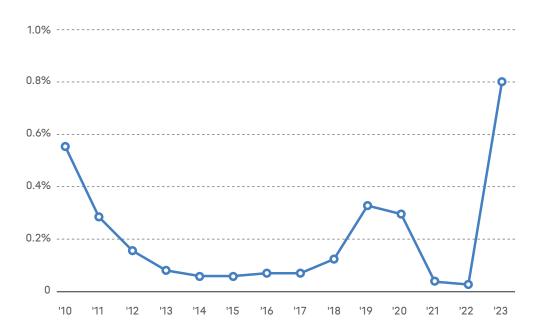
Interest rates can impact so-called "safe" investments like bonds and CDs. This can make it difficult to earn a reasonable return.

S&P 500 Price Index¹



Over time, the markets go in cycles—sometimes up, sometimes down. There are both day-to-day fluctuations and long-term trends.

National 6 mo CD rates 2023²



¹Compustat, FactSet, Federal Reserve, Refinitiv Datastream, Standard & Poor's, J.P. Morgan Asset Management. Dividend yield is calculated as consensus estimates of dividends for the next 12 months, divided by most recent price, as provided by Compustat. Forward price-to-earnings ratio is a bottom-up calculation based on IBES estimates and FactSet estimates since January 2022. Past performance is not indicative of future returns. Guide to the Markets — U.S. Data are as of January 31, 2023. ²National Rates and Rate Caps. FDIC.gov. fdic.gov/resources/bankers/national-rates/2023-02-21.html (2023, February 21).

There are distinct differences between annuities and certificates of deposit or other guaranteed fixed income instruments sold through a credit union or bank. Most certificates are considered short-term investments, while annuities are considered long-term investments. The investment in a certificate is insured by the federal government, either through the FDIC or NCUA. Any guarantees provided by an annuity are backed by an insurance company.

The retirement landscape: personal factors

Growth with risk control and access to income are key components to achieving a comfortable, confident retirement.



Longevity

Most of us are living longer and active lives without the pension plans of the past.



Rising costs

Inflation steadily reduces the purchasing power of a retirement nest egg.

Longevity requires more health care savings



7 in 10

Adults turning 65 today in the U.S. will require long-term care during their lives.1



Of retirees citing health problems as the reason for

Price data 2003-2023³

	Jan-03	Jan-23
Gasoline, price per gallon, unleaded	\$1.47	\$3.45
Milk, per gallon	\$2.69	\$4.20
Ground beef, per pound	\$2.13	\$4.64
Eggs, per dozen	\$1.18	\$4.82
White bread	\$1.04	\$1.89

Longevity is one of the biggest risks faced by those planning retirement. How much money do you need and for how long?



A new way to plan for retirement

Traditional investment diversification doesn't offer protection. Avoiding risk altogether offers no chance for growth, and many growth-oriented investments don't offer the opportunity for income.

But there's a new way. **TruStage™ Zone Income Annuity** provides an innovative approach to market-linked risk control combined with income for life.

With Zone Income, you can set your downside limit — called a floor — along with a corresponding cap on the upside. Once the floor is set, you can't lose more than that, no matter what happens in the markets, while still enjoying the potential for attractive market growth. Plus, Zone Income adds powerful protection against living longer than your assets.

Zone Income lets you enjoy growth opportunities, without the worry of catastrophic loss. **With Zone Income, you're in control.**



Set your comfort zone with an income guarantee

The Zone Income Annuity is an insurance contract that offers index-linked returns, a limit on market losses and lifetime income options.

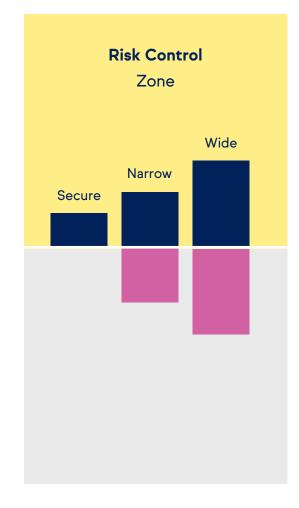
Your investment allocation

When you purchase Zone Income, you decide how much of your payment to allocate to the annuity's allocation options. Three options link performance to a market index and one invests at a declared rate. For allocations linked to an index, you then choose how much to place into two risk control accounts, each with its own range of possible investment performance. Your risk control allocations are not an investment in any underlying fund portfolio. Instead, interest and guarantees are based on your contract with MEMBERS Life Insurance Company and its claims-paying ability.

- The Secure Account has a declared rate cap and a 0% floor. These dollars are safe from market downturns and receive modest growth potential.
- The Growth Account has a higher declared cap and a -10% floor. These
 dollars can experience limited losses if the market is down, but when it's up
 they have more room to grow.

In addition to blending your allocation between allocation options, you set a risk/reward zone for each index by allocating between the Secure and Growth Accounts — your upside potential and the level of protection you're comfortable with on the downside. These upside and downside limits are connected. Greater possible rewards mean greater possible risk. Nerves of steel? Widen your zone. Want to play it safe? Narrow it. **The decision is yours.**

Plus, you can reallocate between allocation options and risk control accounts each year, to adjust as needs change.



Upside

0%

potential

Downside protection

Index-linked performance, with limits on loss

Your annuity receives interest linked to the performance of one or more market indexes or a declared rate account. Dollars allocated to receive a declared rate earn that rate on each contract anniversary. For dollars linked to an index, earnings lock in based on the annual point-to-point change in the index, from one contract anniversary to the next, while still allowing you to participate in the market's upside. The goal isn't to eliminate bumps on the road to retirement, it's to smooth them out, allowing you to get where you want to go with greater confidence.

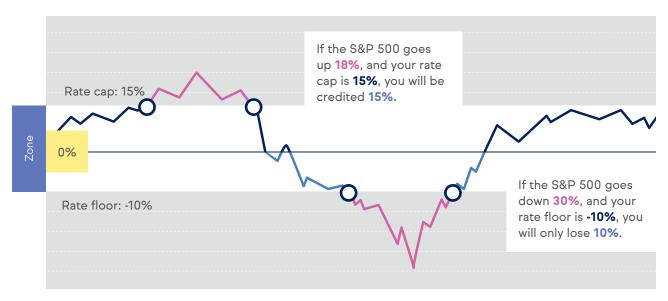
Allocation option	Details
S&P 500	This equity index tracks changes in market value for 500 large U.S. companies and generally represents the performance of the U.S. stock market as a whole.
Russell 2000	This index measures the performance of roughly 2,000 smaller capitalization U.S. companies and provides a barometer of how "small-cap" stocks are performing.
MSCI EAFE	This international equity index measures the performance of developed markets outside the U.S. and Canada, including those in Europe, Australia and Southeast Asia.
Declared Rate	This account is credited with an annual declared rate of interest, guaranteed for the duration of the allocation option period.



The power of risk control

Risk control protects the growth potential of your investments. Investment strategies that include risk control can protect you from drastic market dips and provide confidence as you work toward your retirement goals. Index-linked risk control accounts let you set a "comfort zone" based on how much you're potentially willing to lose. That guaranteed limit on loss can keep you invested in the markets during good times and bad, freeing you from trying to "time" your investment strategy and offering potentially stabler long-term returns.

- If the index goes up, you're credited the percentage increase, up to each risk control account's rate cap.
- If the index goes down, value in the Growth Account is reduced by the percentage decrease, but only down to the maximum rate floor of -10%. Value in the Secure Account because it has a 0% floor remains the same.



Hypothetical examples are for illustrative purposes only and do not guarantee or predict actual performance. The example above assumes 100% allocation to the Growth Account.

You may not invest directly in an index. The S&P 500 Index is a product of S&P Dow Jones Indices LLC ("SPDJI") and has been licensed for use by CMFG Life Insurance Company (CMFG Life), the parent company of MEMBERS Life Insurance Company (MEMBERS Life). Standard & Poor's®, S&P® and S&P 500® are registered trademarks of Standard & Poor's Financial Services LLC ("S&P"), and these trademarks have been licensed for use by SPDJI and sublicensed for certain purposes by CMFG Life. This product is not sponsored, endorsed, sold or promoted by SPDJI, S&P, their respective affiliates, and none of such parties make any representation regarding the advisability of investing in this product nor do they have any liability for any errors, omissions or interruptions of the S&P 500 Index. The S&P 500 Index does not include dividends paid by the underlying companies.

All guarantees are based on the claims-paying ability of the issuing company.



Using history as a guide

Looking at past market returns can help to understand when floors would have offered protection during downturns while offering growth potential in up markets.

Rolling monthly S&P 500 Index returns for December 1991 through December 2022:



S&P 500 Price Index 1-Year returns

- 77% Gains
- 23% Losses

Number of gains: 279 Number of losses: 82



S&P 500 Price Index 6-Year returns

- 86% Gains
- 14% Losses

Number of gains: 258 Number of losses: 43

The bottom line is, floors offer a measure of protection against downturns while still allowing you to participate in the market's upside. The goal isn't to eliminate bumps on the road to retirement, it's to smooth them out, allowing you to get where you want to go with greater confidence.

Data derived by MEMBERS Life Insurance Company, 2022. All periods shown are rolling monthly periods. Past performance is not indicative nor does it guarantee future results. This data does not represent the performance of any specific investment.

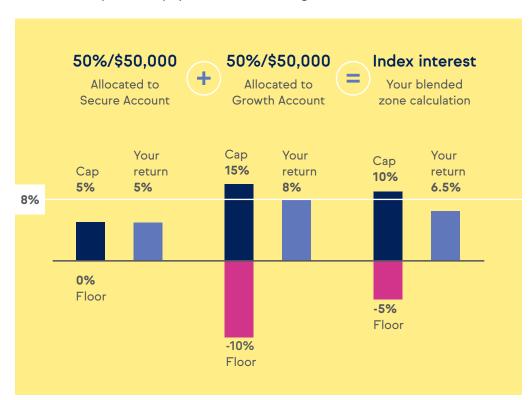
Lock in the gain, lock out the loss

See how your choice of zone and the performance of an index determine interest credited for a given year. In these two scenarios, rate caps are 5% for the S&P 500 Secure Account and 15% for the S&P 500 Growth Account. A 50/50 allocation means a blended comfort zone with 10% upside potential

and -5% downside protection. In scenario A, the index is up 8% for the year. In scenario B, it's down 8%. Hypothetical values show how it all comes together to help you lock in gains when times are good and lock out losses outside your comfort zone when times are bad.

A | Market gain

S&P 500 Index returns **8%**Zone Income purchase payment of \$100,000 **grows to \$106,500**



B | Market loss

S&P 500 Index returns -8%

Zone Income purchase payment of \$100,000 is protected at \$96,000



You may not invest directly in an index. Hypothetical examples do not represent any specific annuity and may not be used to project or predict investment results. Rate caps are declared based on current market conditions and are subject to change. Rate caps vary by index period and can be adjusted annually on contract anniversary, subject to a minimum of 1% and a bailout provision. If the rate cap is set below an account's bailout rate, you may withdraw value from that account without surrender charge or market value adjustment during the 30 days following anniversary.

Guaranteed income with growth potential

Americans are living longer than ever — good news, but a long life can amplify all of the other risks you face in retirement. Longevity requires more savings for expenses like health care and to protect you against inflation. Having a nest egg you can count on is essential both to your financial security and confidence in retirement.

Your Zone Income allows you to combine risk-controlled, market-based growth opportunities with lifetime income options you can count on.

Your lifetime income is calculated based on a benefit base and a withdrawal rate, both of which have the potential to grow to increase your income. This is referred to as Guaranteed Lifetime Withdrawal Benefit (GLWB) or protected income. The benefit base is initially equal to your purchase payment and will increase to your contract value every anniversary that the contract value is greater than the current benefit base. Additionally, the withdrawal rate increases 0.4% every year you hold your contract before starting income, up to a maximum of 10 years.

Your protected income will never decline¹ — it only has the potential to increase, even after you've started taking income.

¹ An excess withdrawal impacts your income benefit base and lifetime income payment amount. Please see Zone Income prospectus for further information about excess withdrawals and how they impact your benefits.



Put time on your side

Save today and build income for tomorrow. With Zone Income, getting a head start can result in a larger income stream down the road. The longer you wait to take income, the more time your annuity's contract value has to grow and the larger your potential annual withdrawal rate will be.

Each year, your benefit base may be adjusted based on your contract value. If your contract value has gone up, your benefit base could rise, too.

But your benefit base will never decrease¹, even if your contract value declines. Plus, your withdrawal rate — which determines your income — receives a deferral bonus of 0.4% each year you wait to take income, up to a maximum of 10 years.

So patience pays off, letting you reap the potential long-term benefits of market-driven growth plus an annual deferral bonus.

Issue age ²	At issue	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6	Yr 7	Yr 8	Yr 9	Yr 10 +
21-44	2.50%	2.90%	3.30%	3.70%	4.10%	4.50%	4.90%	5.30%	5.70%	6.10%	6.50%
45	3.50%	3.90%	4.30%	4.70%	5.10%	5.50%	5.90%	6.30%	6.70%	7.10%	7.50%
50	4.25%	4.65%	5.05%	5.45%	5.85%	6.25%	6.65%	7.05%	7.45%	7.85%	8.25%
55	5.00%	5.40%	5.80%	6.20%	6.60%	7.00%	7.40%	7.80%	8.20%	8.60%	9.00%
58	5.30%	5.70%	6.10%	6.50%	6.90%	7.30%	7.70%	8.10%	8.50%	8.90%	9.30%
60	1 5.50%	2 5.90%	6.30%	6.70%	7.10%	3 7.50%	7.90%	8.30%	8.70%	9.10%	4 9.50%
63	5.95%	6.35%	6.75%	7.15%	7.55%	7.95%	8.35%	8.75%	9.15%	9.55%	9.95%
65	6.25%	6.65%	7.05%	7.45%	7.85%	8.25%	8.65%	9.05%	9.45%	9.85%	10.25%
70	6.50%	6.90%	7.30%	7.70%	8.10%	8.50%	8.90%	9.30%	9.70%	10.10%	10.50%
75	7.00%	7.40%	7.80%	8.20%	8.60%	9.00%	9.40%	9.80%	10.20%	10.60%	11.00%
80+	7.25%	7.65%	8.05%	8.45%	8.85%	9.25%	9.65%	10.05%	10.45%	10.85%	11.25%

If elected at age 60, but vou waited 10 years before taking payments, vour withdrawal % rises from 5.50% to 9.50%. 73% increase to the protected payment

- 1. Base percentage at purchase (joint life base withdrawal percentage is 0.5% lower)
- 2. Withdrawal percentage increases 0.4% each year income is deferred up to a maximum of 10 years
- 3. Five-year wait to take income results in a 2.0% higher withdrawal percentage; this translates to a 36% higher protected payment
- 4. Ten-year wait to take income results in a 4.0% higher withdrawal percentage; this translates to a 73% higher protected payment

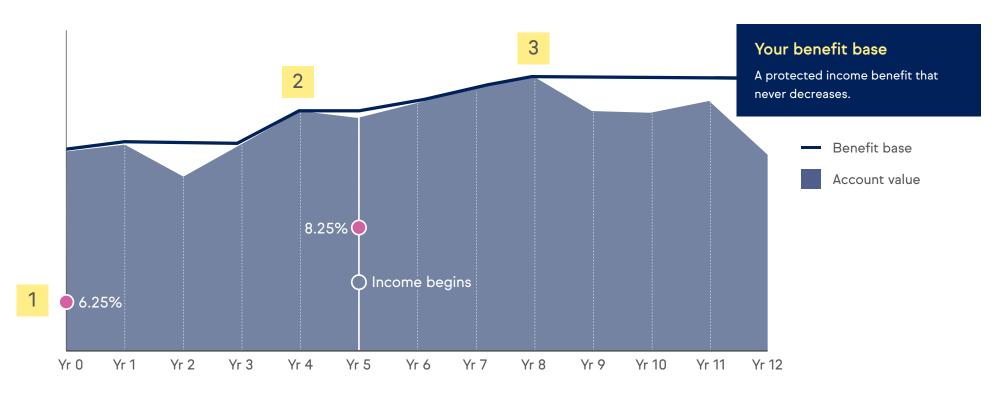
¹ An excess withdrawal impacts your income benefit base and income payment amount. Please see Zone Income prospectus for further information about excess withdrawals and how they impact your benefits.

² Initial Withdrawal Rates are established based on the youngest covered person on the issue date. Initial Withdrawal Rates increases 0.15% for each age between ages 45-55 and 60-65 (i.e. for single life, 5.95% is the withdrawal % for age 63). Initial Withdrawal Rates increases 0.10% for each age between ages 55-60 and 70-75 (i.e. for single life, 5.30% is the withdrawal % for age 58). Initial Withdrawal Rates increases 0.05% for each age between ages 65-70 and 75-80 (i.e. for single life, 6.35% is the withdrawal % for age 67).

Confidence through market cycles

Zone Income's combination of risk-controlled growth and protected income can help smooth out the bumps of market ups and downs over time while giving you the certainty of an income you can never outlive. The "comfort zone" you choose lets you participate in the market the way you want, with as little or as much risk exposure as you're comfortable with. That risk-controlled growth

potential provides a way to maximize your income, which can only rise, never decline¹. And the longer you wait to tap into income, you receive a withdrawal deferral bonus, which boosts your withdrawal percentage rate when you do decide to take income.



- 1. Withdrawal Rate (Age 65, 0- and 5-year deferral shown)
- 2. Benefit base step up due to Account value growth
- 3. Benefit base step ups continue after starting income due to Account value growth

¹An excess withdrawal impacts your income benefit base and income payment amount. Please see Zone Income prospectus for further information about excess withdrawals and how they impact your benefits. This example uses a variety of gross investment returns with floor and assumes 100% account allocation to the S&P 500 Growth Option with a cap rate of 15% and floor of -10%.

Performance driven income growth

How do potential market growth and a deferral bonus impact your future income? The chart below shows how hypothetical market performance and deferring the start of income can significantly impact the payment you'll receive, even over six years. In this scenario, your payment amount would more than double over that period.



Assume no withdrawals and GLWB payments have not begun. Hypothetical situation example does not reflect actual history. This example uses a variety of gross investment returns with 100% allocation to Growth Account and hypothetical cap rates of 15%. Account value includes contract and GLWB fee deductions. Cap rates are assumed flat throughout the period.

Zone Income in action

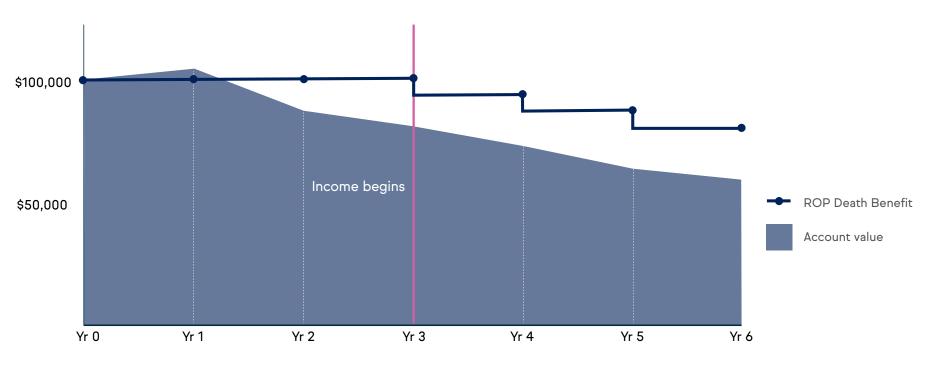
How Zone Income actually performs depends on how you set your "comfort zone" - your personal exposure to market ups and downs - and how long you wait to start taking income, which impacts your deferral bonus. The chart below shows potential payments based on three hypothetical scenarios. Hypothetical examples may not be used to project or predict investment results. No one knows what the future holds, but Zone Income has the potential to deliver higher returns through market cycles, combined with guaranteed income for life.

Protected		Variety of gross returns				0% return scenario			5% return scenario			
income withdrawal rate	Year	Stock index annual return	Account value	GLWB benefit base	GLWB payment	Account value	GLWB benefit base	GLWB payment	Account value	GLWB benefit base	GLWB payment	
6.25%	Yr 0	_	\$100,000	\$100,000	_	\$100,000	\$100,000	_	\$100,000	\$100,000	_	
6.65%	Yr 1	3.53%	\$101,780	\$101,780	\$6,768	\$98,250	\$100,000	\$6,650	\$103,250	\$103,250	\$6,866	
7.05%	Yr 2	-38.49%	\$89,821	\$101,780	\$7,175	\$96,513	\$100,000	\$7,050	\$106,606	\$106,606	\$7,516	Drastic
7.45%	Yr 3	23.45%	\$101,603	\$101,780	\$7,583	\$94,789	\$100,000	\$7,450	\$110,070	\$110,070	\$8,200	
7.85%	Yr 4	12.78%	\$112,808	\$112,808	\$8,855	\$93,078	\$100,000	\$7,850	\$113,648	\$113,648	\$8,921	
8.25%	Yr 5	0.00%	\$110,833	\$112,808	\$9,307	\$91,380	\$100,000	\$8,250	\$117,341	\$117,341	\$9,681	
8.65%	Yr 6	13.41%	\$123,737	\$123,737	\$10,703	\$89,695	\$100,000	\$8,650	\$121,155	\$121,155	\$10,480	
9.05%	Yr 7	29.60%	\$140,132	\$140,132	\$12,682	\$88,022	\$100,000	\$9,050	\$125,092	\$125,092	\$11,321	
9.45%	Yr 8	11.39%	\$153,641	\$153,641	\$14,519	\$86,362	\$100,000	\$9,450	\$129,158	\$129,158	\$12,205	
9.85%	Yr 9	-0.73%	\$149,830	\$153,641	\$15,134	\$84,714	\$100,000	\$9,850	\$133,355	\$133,355	\$13,136	
10.25%	Yr 10	9.54%	\$161,464	\$161,464	\$16,550	\$83,079	\$100,000	\$10,250	\$137,689	\$137,689	\$14,113	
10.25%	Yr 11	19.42%	\$182,858	\$182,858	\$18,743	\$81,456	\$100,000	\$10,250	\$142,164	\$142,164	\$14,572	
10.25%	Yr 12	-6.24%	\$168,248	\$182,858	\$18,743	\$79,845	\$100,000	\$10,250	\$146,785	\$146,785	\$15,045	

Hypothetical situation example does not reflect actual history. This example uses a variety of gross investment returns with 100% allocation to the Growth Account with hypothetical cap rates of 15%. Account value includes contract and GLWB fee deductions. Cap rates are assumed flat throughout the period.

Helping secure a legacy

Zone Income's Return of Premium (ROP) death benefit ensures your named beneficiaries will receive a sum equal to your original purchase payment, minus withdrawals you made during your lifetime. It's a dollar-for-dollar benefit for protected payments, ensuring your heirs receive an amount equal to what you paid in — minus withdrawals — which may be more or less than your account value at the time of death.



	Yr 0	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Account value	\$100,000	\$103,250	\$91,118	\$84,846	\$68,085	\$53,125	\$46,149
Total GLWB payment	_	_	_	_	\$6,608	\$13,216	\$ 19,824
Your legacy for loved ones	\$100,000	\$103,250	\$100,000	\$100,000	\$93,392	\$86,784	\$80,176

Hypothetical situation example does not reflect actual history. This example uses a variety of gross investment returns with floor and fees deducted. Assumes 100% account allocation to the S&P 500 Growth option with a cap rate of 15% and floor of -10%. Assumes only GLWB payments taken after income and no excess withdrawals taken. Assumes GLWB payment in year 6 was paid prior to death.

More value, all in one place



Reallocation and rebalancing

Each year you can reallocate between allocation options and reset the zone for each index by reallocating between risk control accounts. If you don't reallocate, accounts automatically rebalance on anniversary to maintain your allocations and zones.



A long-term promise

Purchasing an annuity represents an important step — your commitment to retirement planning and our promise to protect your investment for the future. As a result, annuities are designed to be held at least until the end of the initial allocation period. If needs arise, you can withdraw up to 10% of last anniversary value annually without penalty.²

Withdrawals in excess of 10% are assessed a surrender charge and market value adjustment during the initial allocation period. Refer to the fact sheet for these charges. After the initial allocation period, only a market value adjustment will apply to withdrawals in excess of the 10%. You have total access to your contract value on every allocation option maturity date.

Zone Income is designed to deliver risk control for a reasonable price. The GLWB rider fee pays for your protected lifetime income and the contract fee pays for everything else. The result is a total "all-in" fee that lets you protect your future.



Health hardships

You have total access to contract value in times of critical need, including confinement to a nursing home or hospital, or diagnosis of a terminal illness.1

Zone Income brings you a protected source of income you can't outlive, essential to a more secure retirement.

¹Availability and benefits vary by state.

² Withdrawals before age 59½ may be subject to a 10% federal tax penalty. Consult your financial advisor and tax professional regarding the impact of any withdrawals.

Highly rated, highly respected

Zone Income is issued by MEMBERS Life Insurance Company (MEMBERS Life), a subsidiary of CMFG Life Insurance Company and part of TruStage.

As of December 31, 2021, financial records of CMFG Life Insurance Company's parent, TruStage, indicated:

\$41.3B

\$39.3B

\$2.0B

In assets

In liabilities

In policyholder surplus

We're proud of our financial strength ratings. They're a sign of our long-term ability to deliver on our commitments.*

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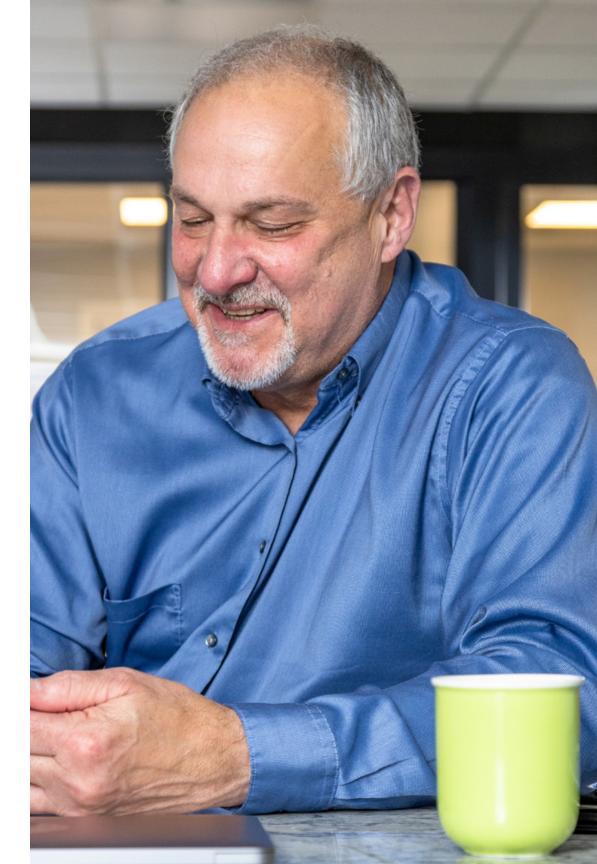
Third highest rating of 16 Affirmed December 2022 A.M. Best Company **A2**

Sixth highest rating of 21 Affirmed March 2021 Moody's Investors Service Δ+

Fifth highest rating of 21 Affirmed September 2022 Standard & Poor's Ratings Service

A.M. Best Company, Moody's Investors Service, and S&P Global are credit rating organizations serving the insurance and other financial service industries. Ratings reflect the opinion of the relative financial strength and operating performance of the company. These ratings are subject to change. Investors should monitor ratings and financial strength of TruStage while they hold a contract.

^{*}Ratings apply to CMFG Life Insurance Company and its subsidiaries, MEMBERS Life Insurance Company and CUMIS Insurance Society, Inc.



Annuities are long-term insurance products designed for retirement purposes. Many registered annuities offer four main features: (1) a selection of investment options, (2) tax-deferred earnings accumulation, (3) guaranteed lifetime payout options, and (4) death benefit options. Before investing, consider the annuity's investment objectives, risks, charges and expenses. The prospectus contains this and other information. Please read it carefully. This brochure must also be accompanied by a prospectus and fact sheet for the selected initial index period. To obtain a prospectus and fact sheet, contact your advisor, log on to www.trustage.com/annuities or call 888.888.3940.

This material is informational only and is not investment advice. If you need advice regarding your financial goals and investment needs, contact a financial advisor.

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Annuity contract values, death benefits and other values fluctuate based on the performance of the investment options and may be worth more or less than your total purchase payment when surrendered. Withdrawals may be subject to surrender charges and may also be subject to a market value adjustment (MVA). The MVA can have a positive or negative impact on contract values, depending on how interest rates have changed since the contract was issued. The range of fees and charges includes a contract fee of 0.75%, GLWB rider fee of 1.00% and surrender charges which range for 0% to 9% during the initial allocation option period.

Hypothetical examples do not represent any specific annuity contract and may not be used to project or predict investment results. You may not invest directly in an index. Rate caps vary by index and by risk control account and can be adjusted annually on risk control account anniversary, subject to a minimum rate cap of 1% and a bailout provision. A bailout rate is set for each risk control account. If the rate cap for a given year is declared below that rate, you may withdraw value from that risk control account without surrender charge or MVA. You'll have 30 days after your risk control account anniversary to make this withdrawal.

Withdrawals of taxable amounts are subject to ordinary income tax, and if taken before age 59½ may be subject to a 10% federal tax penalty. If you are considering purchasing an annuity as an IRA or other tax-qualified plan, you should consider benefits other than tax deferral since those plans already provide tax-deferred status. MEMBERS Life does not provide tax or legal advice. Contact a licensed professional.

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